Craftsbury Mental Health Resource Group meeting notes

Aug. 3, 2026

Present: Michelle, Monique, Kim, Terri, Gwen (last 3 on zoom).

1. Minutes from last meeting reviewed and accepted.
2. NKHS news from Terri
    a. Agency recently awarded national accreditation as CCBHC
    b. Front Porch program now has 4 overnight beds open as alternative to inpatient treatment
    c. Agency now offering evening hours at both locations in Derby & St. Johnsbury
3. Upcoming events/information
    a. Old Home Day = Aug. 8
        i. Had hoped to participate with float, etc. but not enough interest or energy or time to prepare for this year; maybe next year?!
    b. Sept. 26 & Oct. 4 = Out of the Darkness walks in Newport & Montpelier
        i. Reviewed sponsorship options, voted to give $500 from our group, which will allow our group name and logo to be on T-shirts and banner for the walk.
        ii. Also discussed having a team from our area to join the walk, which starts at 10am (registration starts 9:30am)
    c. Possible Oct. walk here?
        i. Decided on Sunday Oct. 18 around 11:30am to try to attract church attendees and partner with church for snacks and use of space for inclement weather option.
        ii. Terri will join and bring info from NKHS and AFSP
    d. Consider movie “Gone Guys” in August
        i. If library hosts, no cost involved.
        ii. Discussed options of August to catch folks before school sports start vs. early Sept. to get school involved in promoting/supporting event.
        iii. Michelle will contact library for possible dates, possibly 2nd week in Sept.
    e. Terri suggested considering showing of “Moving America’s Soul on Suicide” during September for Suicide Awareness and Prevention month. Shorter video clips from U-tube for viewing & discussion.
    f. Consider THC movie – will table for now.

    g. Other workshops available to schools per Jessica, including “refusal skills” and “Timewise”, also coming up is info on “Zym” (chew-type substance with nicotine targeting teens) – table for now.
4. Ongoing projects to keep on agenda
    a. Appreciation schedule and plans
    b. Narcan training
        i. Consider scheduling training in the fall.
    c. Updating website for this group
5. Next meetings = Oct. 5 and Dec. 7(all Mondays at 6pm at town office & zoom).