Town of Craftsbury Mental Health Resource Group Meeting

(Zoom & in Person)

Monday, February 2 at 6pm

at Craftsbury Town Hall

Join Zoom Meeting

https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09&omn=813 99965949

Meeting ID: 452 804 5656

Passcode: Craftsbury

Dial by your location •

+1 301 715 8592 US (Washington DC) •

+1 929 205 6099 US (New York)

1. Approve minutes
2. NKHS Update
3. Monthly presentations – Outdoor Center –need to find movies on depression, anxiety, seasonal disorder, etc… Need February and March event topics
4. Discuss/Decide Process for Approving Requests for Therapy Financial Assistance
5. Approve Request for financial assistance with therapy
6. Valentines Day Ideas for 4Cs
7. Update on past library event “Conversation on families and tech”
8. Annual Town/School Meeting - Presence
9. Upcoming Events
10. Books for the Wellness Book Library
11. Ongoing projects to keep on agenda
    a. Appreciation schedule and plans
    b. Narcan training
    c. Book request from Craftsbury Saplings to support young children around wellness and grief
    d. Updating website
12. Next meetings for this group:

    Next meetings = Apr. 6th (all Mondays at 6pm).