Town of Craftsbury Mental Health Resource Group Meeting

(Zoom & in Person)

Tuesday, October 14, 2025 at 6pm

at Craftsbury Town Hall

Join Zoom Meeting

https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09&omn=813 99965949

Meeting ID: 452 804 5656

Passcode: Craftsbury

Dial by your location •

+1 301 715 8592 US (Washington DC) •

+1 929 205 6099 US (New York)

1. Approve minutes

2. NKHS Update

3. Plan Wellness Walk October 25, 2025 1 pm at the Craftsbury Outdoor Center (snacks, jar for donations, poster).. walk on the paved path at outdoor center..

4. Monthly presentations – Outdoor Center –need to find movies on depression, anxiety, seasonal disorder, etc…

5. Decision Movie at Library "Can't Look Away"
   Visit: https://www.jolt.film/watch/cantlookaway SFCUS100

6. Ongoing projects to keep on agenda
   - Appreciation schedule and plans
   - Narcan training
   - Book request from Craftsbury Saplings to support young children around wellness and grief
   - Updating website

7. Next meetings for this group: